CommonAge Annual Newsletter, Jan 2025



Welcome to Our Annual Newsletter!

As we bid 2024 goodbye, we are excited to share the highlights, achievements, and milestones we've reached together:

- "Train the Trainer" programme in Durban, South Africa: https://commonage.net/free-training-programme-for-elder-care-at-durban-june-2024/
- Launch of the four Country Chapters India, Kenya, South Africa and Botswana: <u>https://commonage.net/our-chapters/</u>
- Report on "Dementia in the Commonwealth": <u>https://commonage.net/dementia-report-2024/</u>
- CHOGM 2024 in Samoa: <u>https://commonage.net/commonwealth-heads-of-government-meeting-2024/</u>
- Roadmap for Healthy Ageing: <u>https://commonage.net/a-roadmap-for-healthy-ageing-across-the-life-course-2024-2030/</u>
- The India Mission: <u>https://commonage.net/india-mission/</u>

We are excited to announce "CommonAge in Action: Key Event Videos of 2024" where you can catch up on all the highlights in motion that you may have missed!

Extending our heartfelt thanks to both the contributors and the sponsors of the Report on "Dementia in the Commonwealth" – we could not have accomplished this without you!!

Thank you for being part of our journey. Here's to another year of growth, success, and making a difference together!

CommonAge In Action : Key Events Videos of 2024

CHOGM 2024

- Linda Justin, Director led a high level panel discussion on the CommonAge "Dementia in the Commonwealth Report" at the Commonwealth People's Forum on Day 2. Each of our delegates gave their insights and perspective on Dementia. <u>https://www.youtube.com/watch?v=JMYeEpD2Vls</u>
- Mansur Dalal, Chair speaking at the Independent Forum of Commonwealth Organisations (IFCO) that brings together the vast majority of the Commonwealth's Accredited Organisations as the only body representing civil society organisations in the Commonwealth. <u>https://www.youtube.com/watch?v=h5RSt1F3_q8</u>

3. Mansur Dalal, Chair at CPF asking question relating to Healthy Ageing & climate change <u>https://www.youtube.com/watch?v=IMR42D4f_GM\</u>

• Launch of the "Dementia in the Commonwealth" Report at IDC, Sydney

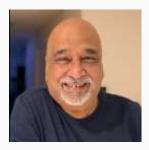
Dr Emma Hodges (Development Director, Compassionate Communities UK) and Linda Justin, Director provided an insightful overview of the findings and shared the personal pledges they made at the event. https://www.youtube.com/watch?v=1-3z9a0lpsY

• India Mission:

Mansur Dalal, Chair speaking on "Technology / AI and Reminiscence Therapy" at DemCon 24, Dementia India Alliance, International Conference in Bengaluru.

Link : <u>https://www.youtube.com/watch?v=QSSuw6OORQ4</u>

- 5TH ASLI Ageing Fest "Senior Care Sector: Ready for Take Off", Dec 6th 2024
- 1. Watch the entire proceedings: <u>https://www.youtube.com/live/TooQmFHsEGc</u>
- Andrew Larpent, Chair Emeritus, keynote speaker on "Ageing in the Commonwealth", describing the challenges and opportunities of ageing in the Commonwealth. Link: <u>https://www.youtube.com/watch?v=EgsPythue-U</u>
- 3. Mansur Dalal, Chair participated in a Roundtable Discussion on Building Capacity to Serve: The Human Capital Challenge. Link: <u>https://www.youtube.com/watch?v=eM0P5rUQ9MM</u>
- 4. Mansur Dalal, Chair speaking on ELDER Care <u>Mansur Dalal</u>, <u>Chair speaking on ELDER Care Building</u> <u>Capacity to Serve: The Human Capital Challenge' - YouTube</u>
- Femada Shamam, Vice Chair, participating in a Roundtable Discussion on Technology & Seniors: Is AgeTech for Real? Link: <u>https://www.youtube.com/watch?v=TRNKo8jw0hw</u>



A Message from The Chairman

As we reflect on 2024, I am immensely proud of CommonAge's remarkable achievements in advancing the cause of healthy ageing across the Commonwealth.

Our launch of four vibrant Country Chapters in India, Kenya, South Africa, and Botswana has strengthened our grassroots presence, while our comprehensive report on 'Dementia in the Commonwealth' continues to shape policy discussions.

The successful 'Train the Trainer' programme in Durban and our impactful participation in CHOGM 2024 in Samoa have further extended our reach and so has our involvement in the development of the 'Roadmap for Healthy Ageing Across the Life Course: 2024-2030,' which will guide our efforts in the years ahead. Our crowning achievement has been the appointment of the special envoy on healthy ageing, a result of our years of lobbying with the CWF.

The India Mission and our participation in the 5th ASLI Ageing fest and partnership with Dementia India Alliance to further the cause of dementia across the CW and our knowledge partnerships with CEDAC and the Kochi Municipal Corporation to create an age-friendly city demonstrate our commitment to practical, on-the-ground solutions. As we enter 2025, I am confident that with your continued support and dedication, we will build upon these foundations to create more inclusive, age-friendly communities throughout the Commonwealth.

SEEKING DYNAMIC NON-EXECUTIVE DIRECTORS

CommonAge Association for the Ageing, Incorporated in 2013 in Australia, is seeking dynamic Non-Executive Directors to join its diverse Board of directors from seven Commonwealth countries. The ideal candidate would need to bring strategic vision and expertise in non-profit governance to support CommonAge's mission of building an age-friendly Commonwealth. We seek an experienced leader, ideally from the non-profit sector, with a strong background in governance, financial management, and risk oversight. This unpaid role requires active participation in quarterly board meetings, committee work, and organizational development. Directors will also act as ambassadors, leveraging their networks to support fundraising and strengthen stakeholder relationships, across the commonwealth. The position offers a unique opportunity to make a meaningful impact on ageing policies and services across the Commonwealth. Candidates must be willing to travel once every two years, through Bursaries and partially self-funded, to attend conferences and events in Commonwealth countries. Help drive positive change in ageing advocacy across the Commonwealth!

For further details: <u>https://commonage.net/wp-content/uploads/2025/01/FINAL-DIRECTOR-POSTION.pdf</u> Please send in your applications by 15th February 2025 to <u>secretariat@commage.org</u>

CommonAge - India Mission 28th Nov -6th Dec 2024

DemCon24 - Dementia India Alliance



(Left to Right) Dr. Mathew Varghese, Dr Suvarna Alladi, Dr Shalini Nooyi, Dr Radha S Murthy, Mr Mansur Dalal, Mr Dinesh Gundu Rao (Minister for health and family welfare, govt. Karnataka), Dr Rajinder Dhamija, Mr Shyam Vishwanathan, Mr Graeme Prior, Dr KR Gangadharan, Mr Premkumar Raja and Dr KVS Hari.



"We are delighted to announce that CommonAge has signed a Letter of Intent with Dementia India Alliance to advance the cause of dementia and address its challenges head-on. This collaboration aligns seamlessly with CommonAge's focus on healthy ageing, creating a powerful synergy to drive progress. By triangulating our core priorities—healthy ageing, dementia advocacy, and establishing standards—we aim to make a tangible impact across the Commonwealth, promoting better outcomes for elders in every region." -Mansur Dalal, Chair, CommonAge.

Signing of Manifesto between CommonAge, CEDAC & the Kochi Municipal Corporation to ensure Kochi becomes a truly age-friendly city



Our CommonAge Team: Mansur Dalal, Chair; Andrew Larpent, Chair Emeritus; Femada Shamam, Vice Chair; Dr Renu Varughese, Director along with Dr Praveen Pai, Chairman, CEDAC; Adv. M Anilkumar, Mayor of Kochi Municipal Corporation and other dignitaries.

"A manifesto was signed between CommonAge, CEDAC and the Kochi Municipal Corporation as an important step toward ensuring that Kochi becomes a truly age-friendly city. By working together, a model will be created to inspire other cities to embrace the principles of inclusivity, respect, and support for older persons. We look forward to our continued collaboration and are excited to help Kochi achieve its full potential as a leader in agefriendly development.

By aligning with the WHO's Global Network of Age-Friendly Cities, we reaffirm our commitment to assist by knowledge sharing to enhance Kochi's policies, infrastructure, and services, ensuring they adapt to demographic changes and improve the lives of its senior residents." – Mansur Dalal, Chair CommonAge



5th ASLI Ageing Fest "Senior Care Sector: Ready for Take Off"



Andrew Larpent, Chair Emeritus was the keynote speaker at the 5TH ASLI Ageing Fest "Senior Care Sector: Ready for Take Off", Dec 6th 2024.

He spoke on "Ageing in the Commonwealth", describing the challenges and opportunities of ageing in the Commonwealth, with a focus on the recently published "Roadmap for Healthy Ageing." This roadmap was a central theme of the health justice agenda at CHOGM held in Samoa in October 2024.

Femada Shamam, Vice Chair, participated in a Roundtable Discussion on Technology & Seniors: Is AgeTech for Real? The Moderator was Mrinalini Mirchandani, Senior Partner, McKinsey & Company. The other participants were:

Ayush Agrawal, Prev- Founder, Seniority.in, Co-Founder, Kubo Care Private Ltd,

Rohit M A, Managing Partner, Peer Capital, Founder, Cloud Nine,

Ganapathy G.R., CFO, Machani Robotics

Mansur Dalal, Chair participated in a Roundtable Discussion on Building Capacity to Serve: The Human Capital Challenge. The Moderator was Dr Karthik Narayan R, Board Member, Association of Senior Living in India; MD, Athulya Senior Care. The other participants were:

Dr Shubnum Singh, Board Member Healthcare Sector Skills Council, Confederation of Indian Industry; Dr. Sanju Thomas Abraham, Managing Director, Tamil Nadu Apex Skill Development Center For HealthCare and

Nirupama Vellore Ganapathy, Managing Director, Ad Astra Consultants.

1. Watch the entire proceedings: <u>https://www.youtube.com/live/TooQmFHsEGc</u>

- Andrew Larpent, Chair Emeritus, keynote speaker on "Ageing in the Commonwealth", describing the challenges and opportunities of ageing in the Commonwealth. Link: https://www.youtube.com/watch?v=EgsPythue-U
- 3. Mansur Dalal, Chair participated in a Roundtable Discussion on Building Capacity to Serve: The Human Capital Challenge. Link: <u>https://www.youtube.com/watch?v=eM0P5rUQ9MM</u>
- 4. Mansur Dalal, Chair speaking on ELDER Care <u>Mansur Dalal</u>, <u>Chair speaking on ELDER Care Building</u> <u>Capacity to Serve: The Human Capital Challenge' - YouTube</u>
- 5. Femada Shamam, Vice Chair, participating in a Roundtable Discussion on Technology & Seniors: Is AgeTech for Real? Link: <u>https://www.youtube.com/watch?v=TRNKo8jw0hw</u>

Download the INDIA MISSION REPORT here

Commonwealth Heads of Government Meeting -SAMOA Oct 2024

One Resilient Common Future: Transforming our Common Wealth



Our delegates (left to right) included Linda Justin, Director; Jacqueline Wong, Vice Chair; Mansur Dalal, Chair; Dame Carol Black (Secretary General's Special Envoy for Ageing Well); Carmel Murugen, Delegate and Douledel Tyndale, Delegate. The Commonwealth Heads of Government Meeting 2024 took place in Apia, Samoa from 21-26 October 2024. At one of the events at the Commonwealth People's Forum, Linda Justin, Director led a high - level panel discussion on the "Dementia in the Commonwealth Report". Our CommonAge Team shared their perspectives on addressing Dementia across Commonwealth nations.

Download the CHOGM REPORT here

Ageing Well in the Commowealth - A Roadmap for Healthy Ageing Across the Life Course: 2024–2030



Dame Carol Black, the Secretary General's Special Envoy on Ageing Well, released a report titled **"Ageing Well in the Commonwealth - A Roadmap for Healthy Ageing Across the Life Course: 2024–2030."** "This roadmap built on the great work of the World Health Organization (WHO), the National Academy of Medicine (NAM), and, in particular, CommonAge, which led the way as advocates for ensuring that older people in the Commonwealth were fully recognized in society and supported to live well in age-friendly communities." "This was an opportunity for countries with a significant population bulge that would soon create challenges for care to learn from some of the mistakes made by countries ahead of the curve that were now struggling. Healthy ageing would considerably reduce the burden on families and governments." - Mansur Dalal, Chair of CommonAge.

<u>Read the Report Here</u>

Launch of the Dementia in the Commonwealth Report





Dementia In The Commonwealth



A REPORT BY COMMONAGE 2024 Commerceasth Ausocation for the Ageing

Our *Dementia in the Commonwealth* report was launched on 6th Sept at <u>the International Dementia Conference</u>, Sydney, Australia and is now available to download from our website!

Believed to be the first report on dementia focussing on Commonwealth countries, this pivotal publication, delves into the current state of dementia care and support; it highlights disparities and challenges, best practices, and the urgent need for action to improve the lives of those affected by dementia.

This report is essential reading for anyone involved in health policy, health, care and community development, service delivery and everyone who wants to find out what they can do for themselves, each other and their community.

Download your Copy Here

Thanking Our "Dementia in the Commonwealth Sponsors & Contributors

Together, we are making a difference! Your commitment to this cause has not only empowered our work but also contributed to raising awareness and driving action for a more inclusive and supportive future. **In Gratitude to Our "Dementia in the Commonwealth" Sponsors & Contributors**

We extend our heartfelt gratitude to everyone who contributed to the Dementia in the Commonwealth report. Your expertise, insights, and dedication were instrumental in shaping this comprehensive document. Thank you for your invaluable support in advancing this vital cause.

Contributors

We are deeply grateful to the sponsors of the report: Innovate UK (UKRI), The Dementia Centre and Age International. Your generous support made this important initiative possible, helping us shed light on the challenges of dementia and advocate for meaningful change across the Commonwealth. Thank you for partnering with us in making a lasting impact.

Sponsors

Gail Hilton; Tim MacLeod; Emily Ong; Dr Tom Morris; Alford, Marie; Ngaire Hobbins; Swinton, Professor John; Jacqueline Wong; Andrew Larpent; Mishra, Sailesh; Yeates, William; Femada Shamam; Dr Shyh Poh Teo; Ahmad, Muhammad Hanif; Edward Roberts; Blanche, Maria; Ross, April; John Collyns; Eldemire-Shearer, Denise; Prof Marvin Formosa; Tan Maw Pin; Nishi Pulugurtha; Shankardass, Dr. Mala Kapur; Victoria Garratt; Dr Stephen Judd; Dr Philip Ventry; Trish Amichi; Hilary Lee; Mansur Dalal; Linda Justin; Fiona Mahoney; Annie Waddington-Feather; Prof Colm Cunningham; Dr Cynthia Bullock; Prof Sarah Harper; Rianna Patterson; Wendy Wiedner.

Special Thanks to Dr Emma Hodges: Report Project Manager, Chief Editor & Author.

Dr Emma Hodges, Development Director, Compassionate Communities UK (UK) was instrumental in producing the report on "Dementia in the Commonwealth". She is an experienced senior leader committed to improving health and care systems and services, removing health inequalities where possible.

Train the Trainer Programme at Durban, South Africa, June 10th – 24th, 2024

This was a collaborative effort between CommonAge and TAFTA and conducted by Fulbright Scholar, Dr Renu Abraham Varughese. Twenty-eight delegates from three countries benefitted from this programme. One of the programme's goals was for trainees to return and share their knowledge within their organisations, creating a ripple effect to elevate and enhance practices in the aged care sector, with a particular focus on dementia care.

A first-time initiative, of a free training programme for those delivering elder care in developing countries was launched in Durban. With a special focus on ageing in Africa, the training programme aimed for enhanced elder care outcomes through international collaboration, emphasising knowledge sharing and capacity building.



<u>Tune in Here</u>

Download the Report Here

CommonAge Country Chapters



Realising the importance of localized nodal bodies and structures for faster rollout and nimble logistical support, four country chapters of CommonAge—South Africa, India, Botswana, and Kenya—were launched in Durban, South Africa, on June 15th, 2024. This effort aims to further the cause, mission, and ethos of CommonAge. All the Chapter leads are pioneering this initiative in a voluntary capacity. They are working and collaborating to instigate initiatives and lobby their governments to ensure elders receive the care they deserve and are not left behind in policy making decisions.

<u>Tune in Here</u>

Download the Report Here

ACCPA National Conference 2024, Oct 23-25 at the Adelaide Convention Centre



Featured in the picture (from left to right) Graeme Prior IFA president, Janice Chai Ageing Asia, Tom Symondson CEO ACCPA, Femada Shamam, Cathy Hecimovich - CEO Ontario retirement communities association, Donald Macaskill CEO Scottish Care.

Details of the Event

The conference theme 'Age of Excellence: Inspire, Innovate, Impact' highlighted the aged care services industry's commitment to achieving exceptional standards. It emphasized the importance of innovative practices and collaborative learning in providing world-class care for older Australians.

Commonwealth Secretariat - AO Reporting 2023-2024

We are pleased to confirm that our Annual Activity Report has been successfully submitted to the Commonwealth Secretariat. This marks a significant milestone for our organization, reflecting our commitment to transparency and accountability. The report highlights our achievements over the past year, showcases our initiatives, and outlines our future goals. We are grateful for the continued support of our stakeholders and look forward to engaging with the Commonwealth community as we strive to make a positive impact.

Read the Annual Activity Report here

New Appointments and Fond Farewells

New Appointments



Mansur Dalal, Chair of CommonAge Invited to Join the Board of Global Ageing Network! https://globalageing.org/articlesblogs/welcome-new-board-member-mansurdalal/ CommonAge is delighted to announce that our Chair, Mansur Dalal was invited to

join the Board of Directors at The Global Ageing Network in 2024. The Global Ageing Network is an international network of leaders in ageing services, housing, research, technology and design.



It was a pleasure to announce the appointment to our Board of Directors, **Dr Renu Abraham Varughese**, a prominent clinical gerontologist, accomplished scholar, and educator, is an Associate Professor at Mercy University, New York, USA.

Congratulations to Dr Renu Varughese, Director on being inducted as a Fellow of the New York Academy of Medicine. Being awarded a Fellowship in the Academy is a prestigious honour, recognizing the exceptional achievements of its Fellows. It also carries the responsibility to actively contribute to advancing the Academy's mission. This distinction represents professional recognition by peers across diverse healthrelated professions and offers the opportunity to join a distinguished community committed to improving health and well-being. Becoming a Fellow of The New York Academy of Medicine is both a mark of excellence and a call to meaningful engagement.

Bidding Farewell

We said our dear farewells to



Ken Bluestone Director



Andrew Kavala Director



Dan Levitt Director



Annie Waddington-Feather (Communications Consultant)

Commonwealth Day 2024

Commonwealth Day, observed annually on the second Monday of March, celebrates unity across the Commonwealth's 56 member countries. Events worldwide include faith gatherings, debates, school assemblies, and cultural activities. Representing us this year was Rianna Patterson. The 2024 theme, "One Resilient Common Future: Transforming our Common Wealth," emphasizes building resilience, unlocking potential, and fostering a connected, digital Commonwealth. Explore highlights and resources for the day here:





Adelaide, Australia

On 29th of October Mansur Dalal, at Adelaide, Australia shared a formal breakfast with Linda Justin, Director; Antony Pivato, Honorary Treasurer; Greg Adey, David Martin, Nick Stevens, Frank Weits, Derek Dittrich, Michael Elias, Sarah Brown, Tammy Sherwood, Klaus Zimmermann and Jo Boylan.

"I extend my heartfelt thanks to everyone who took the time to join us for breakfast. A special shout out to our anonymous benefactor whose generous gesture covered the bill—your kindness is truly appreciated!

We share commitment to the cause of elders, and a desire to carry forward our dear friend Andrews's vision to greater heights, all without fanfare. On behalf of the CommonAge Board, I am grateful for their unwavering support over the past 11 years and hope for continued guidance as we strive to achieve our shared goals across the Commonwealth.

I hope to visit the beautiful city of Adelaide again soon to create even more cherished moments together." - Mansur Dalal.



Mansur Dalal, at Dinner in Adelaide with the CommonAge family Richard, Linda Justin, Director, Klaus Zimmermann, Antony Pivato, Honorary Treasurer, Jill Seeman and David Stevens.

Making Connections







Mansur Dalal and John Collyns, Director, met to discuss expanding CommonAge's impact across the Pacific.

"It was a pleasure to meet with John, former Executive Director, Retirement Villages Association (NZ) Inc, to discuss our shared vision for aging communities in the region."

Mansur Dalal celebrating Diwali and promoting CommonAge at Arvida Home, the largest senior living community operator in New Zealand. Auckland, New Zealand

Mansur Dalal and Linda Justin were excited to meet Marlene Krasovitsky, the lead from WHO on Ageing Well and Age-Friendly Cities Sydney, Australia

Marlene Krasovitsky is a recognised leader in global health, particularly in the field of ageing and geriatric care. As the lead on the "Ageing Well" initiative at the World Health Organisation (WHO), she plays a pivotal role in shaping international policies and strategies aimed at promoting healthy ageing and improving the quality of life for older adults.



Linda Justin and Mansur Dalal with the Dementia report Design and Publication team of HammondCare along with their CEO Andrew Thorburn.

HammondCare Sydney is a leading provider of aged care and healthcare services, with a strong emphasis on compassionate, person-centered care. Located in Sydney, HammondCare offers a range of services including residential aged care, home care, palliative care, and dementia support, with a focus on enhancing the quality of life for elderly individuals.



University of Technology Sydney

Mansur Dalal, Chair, and Linda Justin, Director, along with the Team from the UTS Ageing Research Collaborative (UARC) at the University of Technology Sydney (UTS).

UTS is a dynamic and forward-thinking institution located in the heart of Sydney, Australia. Known for its strong focus on innovation, research, and practical learning. The UTS Ageing Research Collaborative UARC takes a multidisciplinary approach to the complex issues associated with ageing and aged care. It is co-led by Professors Brown and Parker.'



Southern Cross Care

Southern Cross Care Adelaide is a respected provider of aged care services in South Australia, offering a wide range of residential care options, home care, and retirement living services with a commitment to delivering person-centred care.



Linda Justin and Mansur Dalal with Paul Browne, owner of LDK communities, Canberra, Australia.

Paul Browne is the owner and driving force behind LDK Communities, a leading provider of luxury retirement living in Canberra, Australia. With a vision to revolutionise the aged care sector, Browne has built LDK Communities around the concept of delivering exceptional, person-centred care in a supportive and vibrant environment.



Mansur Dalal, with (L to R) Natasha Chadwick, Founder and CEO, New Direction Care; Gwenda Darling, Council of Elders, (Dept. of Health and Aged Care, Australian Govt.) and Justin Chadwick, Director, New Direction Care.

Natasha Chadwick is on a mission to disrupt the way aged care services are provided in Australia, an industry that has operated in the same way for decades.

She says, "My aim and that of NewDirection Care is to create a system that revolves around the things that really matter in life and change the way we care for our elderly members of society and those living with dementia, not just in Australia but worldwide."



Mansur Dalal, met Sharon Blackburn CBE, one of the Founders of CommonAge and presently Executive Director, BallyCara Ltd. Sharon has a depth of experience spanning 40 years in Health and Social Care much of which has been spent in the Independent Aged Care Sector. She joined BallyCara's Executive Team in March 2019.

BallyCara is an organisation with a passion & focus on inspiring Healthy & Happy Living across generations and communities and is a provider of Home Care, Wellness, Short-Term Restorative Care, Retirement Living and Residential Care.

UN Member States take an important step on the protection of rights of older persons

The UN Open-ended Working Group on Ageing recently concluded its 14th Session, agreeing that gaps in older persons' rights exist and that a new Human Rights Convention is a key solution. This marks progress toward discussions in the Human Rights Council in Geneva, which brings technical expertise and equal input from civil society and Member States.



CommonAge Director Ken Bluestone remarked: "We are hopeful that this will lead to the Human Rights Council taking the long-awaited decision to start drafting a Human Rights Convention for Older Persons. This is long overdue and is necessary for addressing ageism and reframing attitudes towards older people, as well as articulating more clearly how international law must address older people's rights. This is an agenda that we hope that the Commonwealth will support, making real the aspirations of the Commonwealth Charter through which its Members are committed to the protection of rights "for all without discrimination on any grounds."

<u>Read More</u>

A Day at TAFTA



A wonderful visit to **The Association for the Aged** (**TAFTA**) in Durban, last June by Andrew Larpent, Chair Emeritus, CommonAge.

It was a great opportunity meeting residents and staff in this great not for profit organisation led so ably by our dear colleague and friend **Femada Shamam**.

Let's Hear it from the BOARD

Podcast Episode

Business Show with Common Age: Dementia in the Commonwealth (2024)

💐 The Business Show

Andrew Larpent OBE, Chair Emeritus, was the featured guest on the podcast 'Business Show with CommonAge: Dementia in the Commonwealth,' hosted by **Arif Zaman**, Executive Director of the Commonwealth Businesswomen's Network (CBWN).In this episode, Andrew discusses this pivotal Report on Dementia, shedding light on the current state of care and support across the Commonwealth. He highlights key disparities and challenges, shares best practices, and emphasizes the urgent need for action to enhance the lives of those affected by dementia

Tune In Here



Coming of Age: Meeting the needs of our ageing population: In this podcast by the Ontario Long Term Care Association, host **Donna Duncan** is joined by two visionary leaders to discuss how to tackle these workforce challenges on a global scale:

- **Mansur Dalal**, Chair of CommonAge and founder of the Association of Senior Living in India.
- **Robyn Stone**, Senior Vice President of Research at LeadingAge, Co-Director of the LeadingAge LTSS Centre in the U.S. at UMass Boston.

How can we tackle the global shortage of healthcare workers and ensure sustainable seniors' care as demand rises worldwide?

<u>Tune In Here</u>

The BIG Reunion



With our Chair Emeritus and Founder, Andrew Larpent, visiting South Australia recently, it was the perfect opportunity to bring together our supporters and, and in particular thank our Founding Members for supporting us in our early years; without their support, we simply wouldn't exist.

Read more

Introducing our exclusive Membership Badge



We have developed this exclusive badge for members to support their credibility and commitment on working towards an all age-inclusive Commonwealth, as well as being part of a Commonwealth affiliated organisation that is committed to ensuring older people are fully recognised in society, and are supported and enabled to live well.



Our Partners



Our Brand Graphics consultant (pro bono)



Our Board

Read More

Join us!

We are a charity and our voluntary Board of Directors is committed to making changes to older people's lives across the Commonwealth.

Help us deliver the ideal of an "All Age Friendly" Commonwealth that values the dignity of older people, respects their wisdom and experience, and that leaves no one behind in the journey towards a sustainable, peaceful future.

Donate, partner, become a member!

You can donate to us via

- Credit card: Visa, Mastercard and American Express
- Apple Pay
- Google Pay
- PayPal

Get in Touch! We'd love to share your stories and help us to grow the conversations about our mission and vision, and to celebrate the great achievements of organisations and older people themselves.

Thank you for you continued support. Team CommonAge



THANK YOU FOR YOUR CONTINUED SUPPORT

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